



## **Group Fitness Instructors**

### **Job Description:**

The Rochelle Park District is seeking group fitness instructors to develop and instruct fun, energetic, and highly motivational group fitness classes for all fitness and skill levels.

### **Qualifications:**

- Enjoys working with and teaching others
- Is passionate about fitness
- Experience teaching group fitness classes
- An understanding of facility rules, policies, and procedures
- Ability to work mornings, evenings, and weekends

### **Duties & Responsibilities:**

- To provide state of the art group fitness instruction that significantly contributes to each member's health and fitness goals.
- Set-up and help maintain facility and equipment.
- Provides current music ensuring appropriate language.
- Monitor and record class attendance
- Arrive early to class and stay after class to answer participant's questions.
- Establish and maintain good communication with participants.
- Maintain a positive attitude and act in a professional manner when interacting with patrons, program participants, and other staff, at all times.
- Continue to brainstorm new class ideas

**Directly Responsible To:** Fitness and Wellness Coordinator