

Happy New Year!

Happy New Year! Many people have proclaimed an annual New Year's Resolution! How about you? Often times we resolve to get healthier, to have more fun, enjoy life more, meet people in our community, make new friends, perhaps to slow down, or try a new skill. I'm so excited to share that the Flag-Rochelle Park District's New Year ~ New You programs encourage many of these goals!

We have a variety of fitness and youth programs for your physical well-being. You may find benefits to your emotional and mental well-being, too! One of the things I love about being a part of the Rochelle Park District is witnessing the community of support among participants. Fellowship permeates our youth and adult programs. Whether learning a new skill or improving current skills, you are not "going it alone." It has been a joy seeing classmates encourage one another to strive to a new fitness level. It's so moving to hear a child say "don't give up! You can do it" to another teammate. The consistency, comradery and fellowship of the Rochelle Community is what makes our programs great.

That being said, we are so very excited to honor our TOP 10 supporters of programs for 2017. Congratulations to 2017's Number 1 Very Important Participant - Marilyn Janssen! Marilyn participated in over 25 programs during 2017! Also in the Top 10 for 2017 are Connie Sabin, Gwen Lowrey, Beth Anderson, Elaine Delfinado, Elvia Franco, Marvin Jenner, Daphne Wise, Dianne Jenner, and Joyce Manning! Over the past year, YOU were the TOP supporters of the Rochelle Park District programs and we want to say THANK YOU! WE APPRECIATE YOU!!! We are so thankful for our loyal participants! To show our appreciation these amazing community member will receive a 10% discount on their programs for a month in 2018. Thank you again for your continued loyalty to the Rochelle Park District. You make a difference!

We asked our "VIPS" about the classes they attended and got these as their responses:

- "I love the ease of the classes!"
- "I feel younger!"
- "The classes are doable for me at this age and afterwards I know that I have worked hard"
- "The workouts go quickly and I love the accountability"
- "I like seeing my friends and learning new things"
- "More people should take advantage of these classes. We have so much fun!"

We love our VIPS and our consistent participants, HOWEVER, we want to meet more of YOU! We would love to see more "Rochellians" take advantage of everything we offer. Come stop by the office and grab a new Winter-Spring book. Give us a call and we'll mail you one. We're also in the process of updating our records. Make sure we have your up to date email address and we'll include you in our monthly E-Newsletter. You can complete a survey regarding your interests in future programs and/or update your information on our website www.RochelleParkDistrict.org and our Facebook page Facebook.com/RochelleILParks.

Jillian Wise – January 2018