

Spring Lake Pool Facility Rules

The Spring Lake pool management and staff are committed to providing you with a safe and healthy pool environment for your enjoyment. Our highly trained and experienced staff works hard to ensure that the pools are well maintained and that safety standards are met. Even the best maintained pools can spread germs. Here are steps you can take:

- Admission to the swimming facility shall be refused to all persons having any contagious disease, infectious conditions such as colds, fever, ringworm, foot infections, skin lesions, carbuncles, boils, diarrhea, vomiting, inflamed eyes, ear discharges, or any other condition that has the appearance of being infectious. Persons with excessive sunburn, abrasions that have not healed, corn plasters, bunion pads, adhesive tape, rubber bandages, or other bandages of any kind shall also be refused admittance. A person under the influence of alcohol or exhibiting erratic behavior shall not be permitted in the swimming facility.
- Wash your body, preferably with soap, before swimming.
- A ten-minute health and safety break will be called every hour. Please utilize this time to use the restroom, hydrate, and apply sunscreen.

General Pool Rules

- Obey pool staff at all times. Lifeguards are responsible for enforcing safety rules and responding to emergencies. Parents and/or guardians, 16 years of age or older, are responsible for the supervision of children.
- **Children 8 years of age and under must be accompanied and directly supervised by an adult 16 years of age or older at all times.**
- To ensure the pleasure, safety and health of our patrons, management reserves the right to refuse admission and/or to remove from the pool any person not adhering to pool facility rules and regulations.
- Bullying, harassing or threatening others, and/or using offensive language/swearing will not be tolerated. Violators will be subject to loss of swimming privileges and/or legal prosecution.
- All children three years of age and under, and those not toilet trained or incontinent, **MUST** wear a swim diaper, as required by the Illinois Department of Health. Wearing a swim diaper helps to ensure that the pool water stays clean and clear, and prevents contamination.
- Clean and modest swimsuits required. Jean shorts, unlined gym shorts, cutoffs, thong bikinis and/or revealing swimwear is not acceptable.
- Undergarments may not be worn under swimsuits.
- Persons may wear clean water shirts, rash shirts, and/or t-shirts in the water for sun protection, to cover offensive tattoos and/or over revealing swimwear.
- Persons with hair longer than chin length must have it tied back or must wear a bathing cap.
- Patrons under the influence of controlled substances, including drugs and alcohol, and/or who demonstrate behavior that is detrimental to the operations of the facility and/or the safety of others, will not be admitted and/or asked to leave.
- No tobacco products or smoking allowed. This includes E-CIGS and VAPES. Violators may be subject to loss of swimming privileges.
- Spring Lake is a family friendly facility. Graphic and/or offensive tattoos, as determined by pool management, must be covered.
- No refunds or rain checks will be issued when the pool closes due to inclement weather.
- The pool may close early or be closed due to scheduled swim meets, special events, fecal accidents, mechanical breakdown, and/or at the discretion of SLP management.
- Personal floatation devices including air-filled water wings are not allowed in the pool. Individuals may wear a Coast Guard approved lifejacket, which may be checked out at the front desk free of charge. Individuals wearing a lifejacket must remain in the shallow area of the pool and must be within one arm's reach of a parent or guardian 16 years of age or older.
- A 10-minute health and safety break is called every hour during open swim hours. Individuals under the age of 18 are to promptly exit the pool when break is called.
- Adults, 18 years of age and older, may swim in the main pool area only during break and may bring their child(ren), age 3 or under, in the water with them.
- Diving pool, slide, climbing wall and baby pool are closed during health and safety breaks.

- No underwater prolonged breath holding.
- Individuals are to avoid swimming and/or standing directly under the lifeguard stands. Lifeguards cannot see persons in this area.
- Any type of personal display of affection or inappropriate touching in the swimming pool or on the pool decks is prohibited.
- Patrons are to refrain from hanging on lane lines, water volleyball net, etc. when in use.
- Patrons are not allowed to not walk on, hang on or swim under the bulkhead.
- Although the Park District provides a "lost & found" container in the pool office, we are not responsible for lost or stolen items. Lost & found items are kept at the pool for a maximum of 2 weeks.
- A limited number of lockers and locks are available for patron use. Patrons are encouraged to bring their own lock to secure their personal possessions, however SLP does have a limited supply of locks available for patron use at no cost. Patrons who do not return a Spring Lake Pool lock will be charged a \$10 replacement cost. Patrons may not return to SLP until that fee is paid. Patrons are advised not to leave personal items in unlocked lockers. Patrons are also reminded that locks must be removed from lockers at the end of each day. Locks left on lockers at the end of the day will be cut off and locker contents will be disposed of.
- Glass containers are prohibited.
- Chewing gum and bringing sunflower seeds are not allowed in the pool facility.
- Coolers, large bags, purses, etc. are permitted and may be checked by facility staff as you enter.
- All food and beverages must be consumed in the designated concessions area (behind the yellow lines).
- Only clean baby strollers or wheelchairs are allowed in the pool area or bathhouse.
- Caution shall be exercised when using the diving pool. See additional diving pool rules as posted.
- Persons who vandalize and/or abuse or destroy property of Spring Lake Pool, its staff and/or patrons, will lose swimming privileges and be prosecuted.
- Additional rules and/or announcements may be posted at various times to indicate pool schedule and/or temporary safety hazards. Please be aware of any such signage.
- The pool management has the authority to implement and enforce rules that are more stringent or that supplement those as listed.

Swimming Lessons/Swim Team: Parents & Chaperones

Parents and/or chaperones who have a child participating in swim lessons or on the swim team will be allowed to observe from the bleachers on the south pool decks. Eating is NOT permitted in this area. If you or your children wish to consume food or beverages, other than water, you must relocate to the concession decks, behind the yellow lines.

Wading Pool Rules

- The wading pool is designated for children 7 years of age and under, or with manager approval.
- Diapers must be changed in the locker rooms only and not on the pool decks or on lounge chairs.
- Parents and/or guardians (16 yrs. of age or older) must provide direct supervision of children swimming in the wading pool at all times.
- No running or rough play is permitted.

Aqua Climb Rules

- Persons using the Aqua Climb must be able to pass the deep-water swim test. If swimming ability is questionable, facility staff will evaluate the participant.
- Only one participant at a time on the Aqua Climb.
- No diving. Feet first entries only
- Goggles, flotation devices and or toys are not permitted on the Aqua Climb.

Water Slide Rules

- Persons must be 48 inches tall and be able to swim one pool width to use the water slide.
- Only one rider at a time. NO doubles, trains or chains.
- Wait for lifeguard or slide attendant's starting instructions before riding.
- Ride slide feet first either sitting or lying down on back.

- Keep arms and feet inside flume. Do not stop on slide.
- **WARNING:** Pregnant women and riders with a heart or back condition may NOT use the slide.
- Goggles, flotation devices and or toys are not permitted on the Water Slide.

Diving Pool Rules

- Extreme caution should be taken when using the diving boards. Head and neck injuries can result from improper diving.
- Backward and inward diving is prohibited.
- Backward flips are prohibited.
- Spring Lake Pool staff reserves the right to prohibit persons from executing dives and/or jumps deemed dangerous.
- Only one person on diving board at a time.
- Only one bounce on the diving board - no double bouncing.
- Patrons are NOT permitted to adjust the fulcrum on either of the diving boards.
- Jumping and/or diving off the side of the diving board is prohibited on both diving boards. Patrons must jump/dive straight off the diving boards.
- Once you have entered the water, swim directly to the side of the pool/ladder (1 m board) and/or to the bulkhead (3 m board).
- No front or back flips, inwards, etc. from the side of the swimming pool.