

Addison: Club Fitness, 1776 W Centennial Pl., Sunday 1-3 pm, Tuesday & Thursday 10-1 pm. \$2/\$3 per visit or punch card. 630 889-2150

Arlington Heights: Pioneer Park, 500 S Fernandez Ave, Monday, Thursday-Friday 9-12 pm. \$3 per visit or \$46 847 577-3035

Aurora: Supreme Courts, 888 Frontenac Str., Monday, Wednesday, and Friday 9:30-12 pm. Thursday 9:30-12:30 pm, (3.5+) must have 8 players. \$5 per visit or punch card. 888 224-0477 Rush Copley Healthplex, 1900 Ogden Ave., Wednesday 8-10 pm., and Saturday 10-1 pm. \$10 per visit. 630 978-6280

Buffalo Grove: Ivy Hall School, 1072 Ivy Hall Ln., Wednesday and Thursday 6:30-9:30 pm. \$5 per visit or use code. 847 850-2100

Des Plaines: Prairie Lakes Community Center, 515 E Thacker Str., Wednesday and Friday 9-12 pm. \$3/\$4 per visit. 847 391-5711

Downers Grove: Downers Grove Recreation Center, 455 Belmont Rd., Monday 1-3 pm & Wednesday 10-12 pm. \$4/\$6 per visit or punch pass (resident only: \$30 or \$60). 630 960-7250

Elk Grove Village: Pavilion Fitness, 1000 Wellington Ave., Monday 6:30-8:30 pm & Wednesday 9-11:30 am. \$4/\$10 per visit or punch card. 847 228-3494

Elmhurst: YMCA, 211 W 1st Str., Monday 5:15-7:15 pm., and Thursday 7:45-9:45 am. \$5 per visit or punch card. 630 834-9200

Frankfort: Founders Community Center, 140 Oak Str., Tuesday 11-3 pm, and 7-9 pm. \$4 per visit. 815 469-9400 Roma Sports Club, 9115 Roma Ct., Wednesday 9-12 pm. \$6 per visit. 815 469-7662

Franklin Park: Leyden Community Center, 9560 Franklin Ave., Monday 6-7:30 pm, Wednesday & Friday 9-11 am. \$5 per visit or \$25 pass. 847 451-5146

Glen Ellyn: Ackerman Sports and Fitness Center, 800 St, Charles Rd., Tuesday-Thursday 12-3 pm (Wednesday: 3.5+). \$3/\$5 per visit or punch card. 630 858-2462 B.R. Ryall YMCA, 49 Diecke Dr., Monday 12:30-2 pm. and Wednesday 10:30-12 pm. \$5 per visit. 630 858-0100 Members free. Health Track Sports Wellness, 875 Roosevelt Rd., Saturday and Sunday 12-3 pm., Tuesday 2:30-4 pm., and Wednesday 1-4 pm. \$5 per visit or punch card. Members free. 630 942-9600

Hinsdale: The Community House, 415 W Eighth Str., Monday 7-9 pm., Thursday 1-3 pm, and Friday 10-12 pm. (advance). \$8 per visit or free for resident. 630 323-7500

Hoffman Estates: Prairie Stone Sports and Wellness Center, 5050 Sedge Blvd., Monday-Tuesday, and Thursday-Friday 9-12 pm. \$5 per visit (3 at \$15). Ladder league until 10:15 am. on Monday. 847 285-5400

Lemont: The CORE, 16050 127th Str., Monday-Friday 9-12 pm, Monday & Wednesday 5-6:30 pm. \$5 per visit. Punch card available. 630 257-6787

Lockport: Challenge Fitness, 2021 S Lawrence Ave., Sunday 5:30-8 pm. and Wednesday 11:30-2 pm. \$5 per visit. 815 838-3621

Mokena: The Oaks Fitness and Recreation, 10847 W La Porte Rd., Sunday 8-12 am, and Friday 10-2 pm. \$7 per visit. 708 390-2343

Mt. Prospect: Central Community Center, 1000 W Central Rd., Monday-Friday 9-12 pm. \$3 per visit or punch card. 847 255-5380

Naperville: Fort Hill Activity Center, 20 Fort Hill Dr., Monday, Wednesday, and Friday 8-11 am., and Sunday 10:30-12:30 pm. \$4/\$5 per visit or punch card. 630 848-5000

New Lenox: Cherry Hill School, 205 Kingston Dr., Wednesday 7-9 pm. \$5 per visit. 815 462-7831

Oak Park: Tennis and Fitness Center, 301 Lake Str., Sunday 6-8 pm. (3.5+), and Wednesday 9-11 am. \$6/\$10 per visit. 708 386-2175

Palatine: Falcon Park Recreation Center, 2195 N Hicks Rd., Monday & Friday 9-12 pm. \$6 per visit or punch card. Wednesday 9-12 pm. \$4 per visit or punch card. 847 202-5111. Birchwood Recreation Center, 435 W Illinois Ave., Thursday 12-3 pm. \$4 per visit or punch pass. 847 991-1960

Plainfield: Eich's Sports Complex, 24316 W 143rd Str., Monday, Wednesday, and Friday 9:30-12 pm. \$5 per visit or punch card. 815 436-0944

St. Charles: Pottawatomie Community Center, 8 North Ave., Monday, Wednesday, and Friday 1:30-4 pm., Tuesday 8-10 am., Thursday 12-3:30 pm., and Saturday 8-11 am. \$3 per visit or punch card. 630 513-6200

Schaumburg: Sport Center, 1141 W Irving Park Rd., Wednesday 9-12 pm. and Thursday 12-3 pm. \$3 per visit. 847 891-1266

Warrenville: Recreation Center, 3 S 260 Warren Ave., Monday, Wednesday, & Friday, 11:30-1:30 pm. 630 393-7279

Wheaton: Community Center, 1777 S Blanchard Str., Monday & Wednesday, 11:15-1:15 pm. \$2/\$5 per visit or punch card. 630 690-4880

West Chicago: ARC Center, 201 W National Str., Sundays, 9:30-12:30 pm, Monday 6-9:30 pm (3.5+), Wednesday 8-10:30 am., and Friday 8-10:30 am. & 7-9:30 pm. \$3/\$5 per visit. 630 231-9474

Western Springs: Recreation Center, 1500 Walker Str., Wednesday & Friday 1:15-3:15 pm. \$5 per visit or punch card. 708 246-9070

Westmont: Community Center, 75 E Richmond Str., Monday, Wednesday, & Thursday 2-4 pm. \$3 per visit or punch card. 630 963-5252

Wheeling: Community Recreation Center, 333 West Dundee Rd., Tuesday & Thursday 8-12pm, Fridays 6-9pm. \$5 per visit or punch card. 847 465-3333